Guiding Children's Behaviour

The following are some strategies to set the stage for a positive atmosphere and maximize opportunities for desirable behaviour.

1. **Establish Clear, Consistent, and Simple Limits:**
   - limits are statements of what behaviour is appropriate, they ensure children know what is expected
   - they should be few in number, consistently enforced and within the child's ability to understand

2. **Offer Straightforward Explanations for Limits:**
   - when children understand the reasons for limits, they are more likely to comply with them
   - teaching the "why" of a limit helps children to learn the rules of social living