Tip of the Month

Being Positive and Giving Praise

Some days it is very hard to remain positive when our lives get busy and we are pulled in many different directions. It is always important to "catch them being good." Children need your positive attention; if the only way they get attention is by acting out, then that is the behavior you will see more often. Some thoughts are to acknowledge what they are doing well and be specific in your praise. Take notice "I see you built that all by yourself". Or be specific "I like the way you put your crayons and paper away." Children can quickly see through phrases like "good job" or "good boy/girl", labeling the action or behavior you are seeing helps them realize what it is they have done well!

Remember: Catch a kid doing good…and tell them! You'll both be glad you did.

Sandy McKay
City of Stratford Resource Program
51-271-3773 ext.229

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